



PERFECT MEDICAL

## PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

### 完美醫療健康管理有限公司

*(Incorporated in the Cayman Islands with limited liability)*

**(Stock Code: 1830)**

13 October 2022

Dear Registered Shareholder(s),

#### **Elections as to Means of Receipt and Language of Corporate Communications**

Perfect Medical Health Management Limited (the “Company”) is making arrangements for you to elect to receive corporate communications (i) in electronic form on the Company’s website at [www.perfectmedical.com](http://www.perfectmedical.com) (where they will continue to be published in both English and Chinese) or in printed form and (ii) if you elect to receive corporate communications in printed form, to elect to receive them in English, Chinese or both. Corporate communications are all documents issued by the Company to holders of its securities for their information or action and include (but are not limited to) full and summary annual and interim financial reports (and all reports and financial statements contained in them), notices of meetings, listing documents, circulars and forms of proxy. The Company is making these arrangements with a view to increasing efficiency, saving costs and protecting the environment and accordingly recommends that you elect to receive corporate communications in electronic form on the Company’s website. The arrangements comply with the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited and the articles of association of the Company.

To make your election, please mark “√” in the appropriate box on the enclosed reply form and sign and return it by post or by hand to the Company’s branch share registrar in Hong Kong (the “Hong Kong Share Registrar”), Tricor Investor Services Limited, 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to [is-ecom@hk.tricorglobal.com](mailto:is-ecom@hk.tricorglobal.com). If you post your reply in Hong Kong, you may use the mailing label in the reply form and need not affix a stamp on the envelope when returning your reply form. Otherwise, please affix an appropriate stamp.

**If the Company does not receive a duly completed and signed reply form from you (or any other response from you indicating that you object to receiving corporate communications in electronic form on the Company’s website) on or before 11 November 2022, you will be deemed, until you inform the Company otherwise by reasonable notice in writing to the Hong Kong Share Registrar at the above address or by email to [is-ecom@hk.tricorglobal.com](mailto:is-ecom@hk.tricorglobal.com), to have elected to receive all future corporate communications in electronic form on the Company’s website instead of receiving them in printed form. In that event, when the Company makes a corporate communication, it will only send to you a notification that the corporate communication has been made available on the Company’s website. The notification will be sent to you by email (if you have provided an email address) or by post (if you have not provided an email address) at your address as it appears in the Company’s register of members maintained by the Hong Kong Share Registrar.**

You may at any time by reasonable notice in writing to the Company (sent to the Hong Kong Share Registrar at the above address) or by email to [is-ecom@hk.tricorglobal.com](mailto:is-ecom@hk.tricorglobal.com) elect (i) to receive future corporate communications in printed form instead of in electronic form on the Company’s website (or in electronic form on the Company’s website instead of in printed form) or (ii) change the language in which you receive corporate communications in printed form. If you have elected (or are deemed to have elected) to receive corporate communications in electronic form on the Company’s website and for any reason have difficulty in obtaining access to corporate communications on the Company’s website, the Company will upon request send corporate communications to you in printed form free of charge.

Please note that English and Chinese versions of all future corporate communications will be available (a) in printed form from the Company or the Hong Kong Share Registrar on request and (b) on the Company’s website at [www.perfectmedical.com](http://www.perfectmedical.com) and the website of The Stock Exchange of Hong Kong Limited at [www.hkexnews.hk](http://www.hkexnews.hk).

Should you have any queries in relation to this letter, please call the telephone hotline of the Hong Kong Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. from Monday to Friday, excluding public holidays.

By Order of the Board of  
**Perfect Medical Health Management Limited**  
**So Hing Lung**  
*Executive Director and Company Secretary*

## Reply Form 回條

To: Perfect Medical Health Management Limited (the "Company")  
(Stock Code: 1830)  
c/o Tricor Investor Services Limited  
17/F, Far East Finance Centre,  
16 Harcourt Road, Hong Kong

致：完美醫療健康管理有限公司(「本公司」)  
(股份代號：1830)  
經卓佳證券登記有限公司  
香港夏慤道16號  
遠東金融中心17樓

I/We would like to receive corporate communications<sup>#</sup> from the Company in the manner indicated below:  
本人/我們欲以下列方式收取本公司之公司通訊<sup>#</sup>：

(Please mark "✓" in **ONLY ONE** of the following boxes)

(請從下列選擇中，僅在其中一個空格內劃上「✓」號)

- ☐ in printed form in the **English language only**; OR  
僅收取英文印刷本；或
- ☐ in printed form in the **Chinese language only**; OR  
僅收取中文印刷本；或
- ☐ in printed form both in the **English language and in the Chinese language**; OR  
同時收取英文及中文印刷本；或
- ☐ in **electronic form** on the Company's website and by receiving a **notification letter** when each corporate communication is made available on the Company's website; OR  
收取於本公司網站登載的電子本，並於每次本公司網站登載公司通訊時收取通知信函；或
- ☐ in **electronic form** on the Company's website and by receiving **notification by email** to the address below when each corporate communication is made available on the Company's website.  
收取於本公司網站登載的電子本，並於每次本公司網站登載公司通訊時收取發送至以下電郵地址的電郵通知。

### Email Address 電郵地址

(The Company will send to the email address provided above (if any) a notification of the availability of each corporate communication on the Company's website. If no email address is provided, a notification letter of the publication of the corporate communication on the Company's website will be sent. The email address is used for notification of release of corporate communications only)  
(每次本公司網站登載公司通訊時，本公司將發送電郵通知至以上提供之電郵地址(如有)。如未有提供電郵地址，則會發出公司通訊已在本公司網站刊發的通知信函予閣下。以上電郵地址僅供用作通知公司通訊已發佈。)

### Signature(s) 簽名

### Contact telephone number 聯絡電話號碼

### Date 日期

#### Notes 附註：

- Please complete all your details clearly.  
請閣下清楚填妥所有資料。
- If the Company does not receive this duly completed and signed Reply Form from you (or any other response from you indicating that you object to receiving corporate communications in electronic form on the Company's website) on or before 11 November 2022, you will be deemed to have elected to receive all corporate communications in electronic form on the Company's website instead of receiving them in printed form. All future corporate communications will be sent out in the manner specified in the Company's letter dated 13 October 2022.  
倘若本公司於2022年11月11日或之前尚未收到閣下已適當填妥並簽署的回條(或表示反對以電子方式於本公司網站收取公司通訊的回覆)，閣下將被視為已同意只透過本公司網站收取將來的公司通訊電子本以代替收取印刷本。本公司將按2022年10月13日之本公司函件內所述之方式向閣下發出所有將來的公司通訊。
- By electing to receive corporate communications in electronic form on the Company's website instead of receiving them in printed form, you have expressly agreed that they may be sent or supplied to you by being made available on the Company's website and have expressly waived the right to receive them in printed form.  
在選擇透過本公司網站收取公司通訊電子本以代替收取印刷本後，閣下已明示同意放棄收取公司通訊印刷本的權利。
- If your shares are held in joint names, the shareholder whose name stands first on the register of members of the Company in respect of the joint holding should sign this Reply Form in order for it to be valid.  
如屬聯名股東，則本回條應由該聯名股東於本公司股東名冊上名列首位者簽署，方為有效。
- The above instruction will apply to all future corporate communications to be sent to you until you, by serving reasonable prior written notice, inform the Hong Kong Branch Share Registrar of the Company, Tricor Investor Services Limited, at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong by mail or by email to is-ecom@hk.tricorglobal.com.  
上述指示適用於所有日後發送至閣下之公司通訊，直至閣下以郵寄向香港股份過戶登記處卓佳證券登記有限公司(地址為香港夏慤道16號遠東金融中心17樓)發出合理時間的預先書面通知，或以電郵至is-ecom@hk.tricorglobal.com。
- You have the right at any time by serving reasonable prior written notice to the Hong Kong Branch Share Registrar by mail (the address stated in note 5 above) or by email to is-ecom@hk.tricorglobal.com to change the election of means of receipt and/or language(s) of all future corporate Communications.  
閣下可於任何時間以郵寄向香港股份過戶登記處(地址如上文附註5所述)發出合理時間的預先書面通知，或以電郵至is-ecom@hk.tricorglobal.com以更改所有日後公司通訊之收取方式及/或語言版本之選擇。
- For the avoidance of doubt, we do not accept any special instructions written on this Reply Form.  
為免存疑，任何在本回條上的額外書寫指示將不予處理。
- <sup>#</sup> Corporate communications are all documents issued by the Company to holders of its securities for their information or action and include (but are not limited to) full and summary annual and interim financial reports (and all reports and financial statements contained in them), notices of meetings, listing documents, circulars and forms of proxy.  
公司通訊乃本公司向其證券持有人發出以供參照或採取行動的任何文件，包括但不限於年度和中期財務報告及其摘要報告(及其中包含的所有報告及財務報表)、會議通告、上市文件、通函及委任代表表格。

(Please cut along the dotted line 請沿虛線剪下)

Please cut the mailing label and stick this on an envelope to return the Reply Form to us.

No postage stamp is required for local mailing

當閣下寄回此回條時，請將此郵寄標籤剪貼於信封上。  
如在本港投寄，閣下無需支付郵費或貼上郵票

### Mailing Label 郵寄標籤

Tricor Investor Services Limited  
卓佳證券登記有限公司  
Freepost No. 簡便回郵號碼: 10 GPO  
Hong Kong 香港